Primary syphilis as oral lesion in HIV/AIDS-positive patient: case report of unusual manifestation

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Abstract

Introduction: Syphilis is a sexually transmitted infection caused by *Treponema pallidum* bacterium. Oral manifestations of syphilis are always a challenging diagnosis because broad clinical aspect is easily missed due to other oral manifestations of local, infectious, or systemic origins. In addition, in HIV-positive patients, primary syphilis can usually have a symptomless course.

Case description: A 44-year-old HIV-positive male patient, living with the infection for 17 years, working as a sex worker, presenting primary syphilis with syphilitic ulceration of the tongue. The lesion was unique, indurated, with irregular margins and whitish/red base. The patient reported no pain or discomfort in the lesion. This last information along with a detailed oral clinical examination was important to help exclude initial diagnostic hypothesis of traumatic ulcer and other oral manifestations. Diagnosis of syphilis was only made after clinical history of patient being associated with data of chemiluminescent microparticle immunoassay and venereal disease research laboratory.

Conclusions: Health professionals should be aware of possible oral manifestations of primary syphilis, especially at risk groups. Moreover, the association of clinical history with laboratory tests is necessary for final diagnosis.

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Key words: HIV, Treponema pallidum, HIV infection, dental care, syphilis.

Introduction

Syphilis is a sexually transmitted infection caused by anaerobic bacterium, *Treponema pallidum* [1]. This disease only occurs in humans, and has complex clinical manifestations [1]. In addition to transmission through sexual contact, contamination can occur through blood transfusion and placenta [2]. This disease presents four main stages, including primary, secondary, latent, and tertiary syphilis [3]. Primary syphilis is characterized by one or multiple painless

chancre at the site of inoculation (syphilitic ulceration) [1]. They usually regress without any treatment [1]. Secondary syphilis manifests as generalized mucocutaneous lesions on the lymph nodes, skin, mucosa, and characteristically, on the palms of hands and the soles of feet [4]. If the disease is not treated, the latent phase begins. It has no clinical manifestations, and is divided into early (less than one year of infection) and late (more than one year of infection) latent phase [4]. Tertiary syphilis has long-term complications, and

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its' signs are 'gums' that can affect the skin, liver, central nervous system, spleen, and other organs [1].

Oral manifestations of syphilis are uncommon and difficult to diagnose because of their broad clinical appearance [5]. Syphilis ulcerations may appear as a result of changing sexual habits, more specifically, an increase in practice of oral sex [6]. They manifest clinically as a single ulcer on the lip (usually on the upper lip in men and lower in women), gingiva, soft palate, or tongue [5, 7]. Regional cervical lymphadenopathy may be present in 80% of cases [1]. In individuals with primary syphilis, syphilitic ulcerations are seen in 4 to 12% of patients [1].

In patients infected with HIV, clinical course of the disease is often atypical, therefore diagnosis becomes even more difficult [1]. However, in these individuals, primary syphilis appears to be less frequent than secondary syphilis [8]. The objective of this study was to report a case of HIV-positive patient with clinical manifestation of primary syphilis in the oral cavity.

Case description

A 44-year-old male was admitted to the Hospital Oswaldo Cruz (Curitiba-PR, Brazil) due to convulsive crisis and loss of memory. During anamneses, he reported being HIV-positive and not using treatment regularly. Physical examination revealed fever, malaise, cough, and chest pain. A chest X-ray and sputum smear microscopy were performed, and results confirmed pulmonary tuberculosis. The patient was introduced to treatment protocol for this disease, with rifampicin 150 mg, isoniazid 75 mg, pyrazinamide 400 mg, and ethambutol 275 mg. Oral examination of the patient revealed bad oral health with carious lesions, periodontal disease, residual roots, teeth loss, coated tongue, and oral ulcer on the left side of the tongue. The lesion was approximately 9 mm in diameter, with raised and whitish edges, and undetermined evolution time. The bottom of the lesion was granulomatous (Figure 1). The patient reported no discomfort at the site of the injury. Initially, due to poor oral health, the patient



Figure 1. Ulcer of the tongue associated with syphilis

was instructed to brush the tongue to remove the coating. In addition, he was referred for dental treatment in the school of dentistry of the Universidade Federal do Paraná (Curitiba, Brazil).

The hospital protocol requires an assessment of patient's general health through medical examination and various laboratory tests. Table 1 presents laboratory tests and their respective results. The patient had neutrocytosis and altered values for the following exams: erythrocyte sedimentation rate, liver enzymes, C-reactive protein, and HIV viral load. Moreover, he had thrombocytopenia, and low levels of serum calcium and CD4+ lymphocyte count. The patient was reintroduced to antiretroviral therapy (tenofovir 300 mg + lamivudine 150 mg + efavirenz 600 mg).

The ulcer on the tongue had the characteristics of a chronic lesion. The central region had a granulomatous aspect and with slightly elevated margins. Thus, the first hypothesis of diagnosis was an ulcer caused by local trauma. However, no type of irritating agent has been identified, such as fractured dental crown, poorly polished/misfit, or irregular surface restorations. Due to the clinical characteristics of the oral lesion and the fact that the patient has HIV, two diagnostic hypotheses were raised: oral lesion associated with tuberculosis or syphilis. As oral lesions caused by tuberculosis are rare, tests to investigate syphilis have been carried out. In addition, incisional biopsy was performed. The result of chemiluminescent microparticle immunoassay showed reagent, with value of 37.59. Anatomo-pathological examination revealed an ulcer with a granulomatous inflammatory infiltration. Proliferation of endothelial cells and perivascular inflammatory infiltrate with lymphocytes and plasma cells were present within the underlying connective tissue (Figure 2). All of these tissue changes are seen in primary syphilis lesions.

The patient was questioned about his sexual practices; he confirmed working as a prostitute and not using condoms regularly. In this way, the diagnosis of primary syphilis was established. The treatment of syphilis was carried out with benzathine penicillin G 2.4 million units injected once intramuscularly. The lesion disappeared completely after 7 days. Periodic consultations were scheduled every 3 months during a year to observe evolution of the treatment. No similar secondary syphilis lesions were observed, and the levels of entitlement of venereal disease research laboratory (VDRL) decreased.

Discussion

The primary site of syphilis infection occurs as local *Treponema pallidum* inoculation, usually in the genital region. However, it can also occur at extra-genitally sites [7]. The oral mucosa region is the most common site of manifestation of primary syphilis in extragenital sites [9]. This initial phase of the disease is characterized by single or multiple painless chancre, with demarcated margins, with no pus, and clean base known as 'chancre'. In the oral cavity, chancre can appear on the lips, tongue, palate, and tonsils [1].

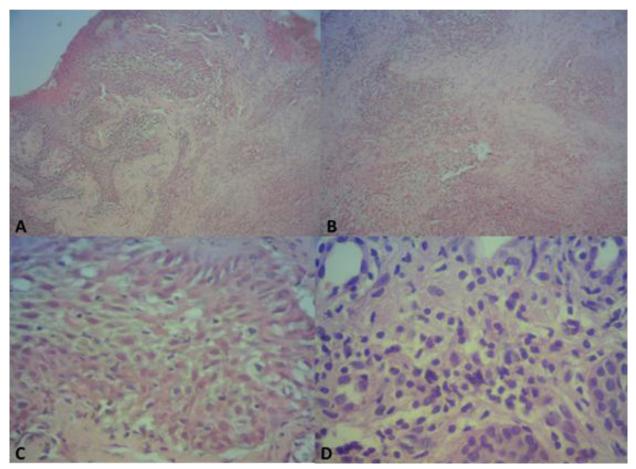


Figure 2. Photo-micrography of primary syphilis. A) Margin of cancer (HE \times 100). B) Granulomatous formations within the underlying connective tissue (HE \times 100). C) Spongiosis and exocytosis in the epithelium (HE \times 400). D) Chronic inflammatory infiltrate with lymphocytes and plasma cells (HE \times 1,000)

Diagnosis of this type of lesion can be complex since oral ulcers are related to a wide spectrum of diseases of different etiologies. In addition, when ulcers result from infections, the presence of non-specific symptoms can make it difficult to identify the disease [10]. In our case, the patient had a painless ulcerated lesion of indefinite evolution time. Due to clinical aspect of the ulcer, it was probably developing for almost 10 days. The absence of pain can contribute to patients neglecting to seek dental care, and the disease normally progresses to secondary phase due to lack of treatment. A biopsy is indicated in cases of ulcer of unknown origin, which do not show signs of healing after 15 days [11]. Diagnosis of syphilis is established through clinical manifestations (signs and symptoms), microscopic examinations, and serological tests [7]. The chancre present in primary syphilis can be diagnosed by dark field microscopy or biopsy. The other stages of the disease are diagnosed by the following serological tests: VDRL and rapid plasma regain. Reactivity to these tests occurs only 1 to 4 weeks after the presence of syphilitic ulceration [7]. Another possible laboratory examination is chemiluminescent microparticle immunoassay. This test is capable of qualitatively detecting antibodies against *Treponema pallidum* in human serum and plasma. It is indicated as an aid in the diagnosis of syphilis infection. In addition, it can be used as a screening test to prevent transmission of TP to blood, blood components, cells, tissues, and organs [12].

A biopsy, followed by an anatomo-pathological examination was essential in the diagnosis of chancre. In general, biopsy is not routinely used for the diagnosis of syphilis. However, as its findings are suggestive, the diagnosis of syphilis is suspected by a pathologist, and requires serological confirmation. Basic pathology in all stages include edema, proliferation of endothelial cells, and perivascular inflammatory infiltrate with lymphocytes and plasma cells. Blood vessels are dilated, thickened, and endothelial cells proliferate in the primary and secondary stages of syphilis. An inflammatory infiltrate of mononuclear cells and plasma cells of perivascular localization are the most characteristic alterations [13].

Syphilis treatment is based on the stage of the disease, and does not change whether the patient is infected with HIV or not. In primary syphilis, intra-muscular applications of penicillin G (2.4 million units) are used, and are generally

Table 1. Laboratory data

boratory tests	Results	Reference values
mplete blood count		
Erythrocytes	4.71 m/μl	4.2-5.9 m/μl
Hemoglobin	13.0 g/dl	14.0-18.0 g/dl
Hematocrit	40.0%	42.0-50.0%
Mean corpuscular volume	84.9 fl	80.0-98.0 fl
Mean corpuscular hemoglobin	26.8 pg	28.0-32.0 pg
Mean corpuscular hemoglobin concentration	31.5 g/dl	33-36 g/dl
Leukocytes	4.0 k/μl	0-5 k/μl
Basophils	0.0%	0.0-1.0%
Eosinophils	2.0%	0.0-3.0%
Lymphocytes	34.0%	30.0-45%
Monocytes	6.0%	0.0-6.0%
Myelocytes	0.0%	_
Metamyelocytes	0.0%	_
Segmented neutrophils	51.0%	50.0-70.0%
Banded neutrophils	7.0%	0.0-5.0%
Neutrophils	58.0%	50.0-70.0%
Reactive lymphocytes	0.0%	-
Platelets	42 k/μl	150-450 k/μl
her tests		
Erythrocyte sedimentation rate	80 mm/hr	0-15 mm/hr
Serum glutamic oxaloacetic transaminase	247 U/l	10-40 U/l
Serum glutamic pyruvic transaminase	171 U/l	10-40 U/l
Gamma-glutamyl transferase	383 U/l	9-50 U/l
Glucose	108 mg/dl	70-99 mg/dl
Urea	31 mg/dl	8-20 mg/dl
Creatinine	0.8 mg/dl	0.70-1.30 mg/dl
C-reactive protein	13 mg/dl	≤ 0.8 mg/dl
HIV viral load	13,442 copies/ml	-
CD4+	68 cells/μl	530-1570/μl
Calcium	0 mg/dl	8.6-10.2 mg/dl
Potassium	5 mEq/l	3.5-5.0 mEq/l
Sodium	138 mEq/l	136-145 mEq/l
Chemiluminescent microparticle immunoassay	Reactive (value = 37.59)	Non-reactive

^{*}References values from the American Board of Internal Medicine: ABIM laboratory test reference ranges, July 2021.

effective in treating the disease [1]. Moreover, there are other antibiotic alternatives for patients allergic to penicillin [14].

Changes in sexual practices over the years require more attention towards oral sex transmission of sexual diseases [9]. It is known that oral sex can transmit several viral and bacterial diseases, such as syphilis [15, 16], but the use of condoms in this sexual practice to prevent the transmission of diseases is still low [17]. For health professionals it is important to be aware of initial manifestations of sexually transmitted diseases in the oral cavity [9]. As syphilis and HIV

are sexually transmitted diseases, we may eventually come across patients infected with both the diseases [8]. In addition, syphilis has already been strongly associated with HIV co-infection [18]. It is believed that in the presence of HIV, there may be differences in clinical manifestations of syphilis. HIV-positive patients present more frequently the secondary and latent syphilis since primary manifestations of syphilis are more likely to be asymptomatic [8].

In addition to this scenario, sexually transmitted infections are often asymptomatic in the oral cavity, resulting in

transmission of infectious diseases through this anatomical region [9]. In the present case report, the patient had a clinical manifestation of primary syphilis on the tongue, and the clinical examination, medical history, and laboratory tests allowed for diagnosing and treating both syphilis and HIV. Follow-up with a serological test is recommended in all patients with syphilis, in order to determine cure after treatment, and to diagnose possible re-infections.

Conclusions

Sex workers are exposed to a variety of sexual diseases, including HIV and syphilis. In risk groups, health professionals should be alert to genital and extra-genital manifestations of these diseases, especially in the oral cavity, for correct diagnosis and treatment.

Conflict of interest

The authors declare no conflict of interest.

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